

St. Joseph Health Regional Hospital
St. Joseph Health College Station Hospital
St. Joseph Health Grimes Hospital
St. Joseph Health Madison Hospital
St. Joseph Health Burleson Hospital
St. Joseph Health Rehabilitation Hospital

2022 Community Health Implementation Strategy






Adopted September 2022



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At-a-Glance Summary

<p>Community Served</p> 	<p>The St. Joseph Health System is located in Central Texas in an area referred to as the Brazos Valley. The service area covers nine counties: Brazos, Burleson, Grimes, Leon, Madison, Robertson, Washington, Milam, and Lee and has a total population of 404,727 people, an increase of 12.2% since the 2010 Census. Texas A&M University and Blinn College are located in Brazos County, contributing to Brazos County having a high population (33.9%) of residents ages 20-34.</p>
<p>Significant Community Health Needs Being Addressed</p> 	<p>The significant community health needs the hospital is helping to address and that form the basis of this document were identified in the hospital's most recent Community Health Needs Assessment (CHNA). Needs being addressed by strategies and programs are:</p> <ul style="list-style-type: none"> ● Access to Care ● Chronic Disease ● Mental Health ● Preventive Practices
<p>Strategies and Programs to Address Needs</p> 	<p>The hospital intends to take actions and to dedicate resources to address these needs, including:</p> <p>Access to Care: Financial Assistance Policy, Eligibility and Enrollment Screening, Community Clinic Support (HealthPoint and Health for All), Resource Coordination (Health Resource Centers, Texas Accountable Communities of Health Initiative (TACHI)/Pathways Community HUB Model, Senior Advocate Role), Health Professions Education, Support Groups, HeartSmart Program, Home Visit and ED Diversion Program, Health Equity efforts, Health Navigators, Prenatal Education</p> <p>Chronic Disease: Diabetes Education Program, Health Resource Coordination, Health Coaching, HeartSmart Program, Support Groups</p> <p>Mental Health: Senior Renewal Program(s), TeleHealth, Depression Screenings</p> <p>Preventive Practices: Diabetes Education Program, Community Health Fairs, Screenings, and Immunizations, Senior Advocate Role</p>
<p>Anticipated Impact</p> 	<p>Overall, the anticipated impact of these programs and strategies will increase access and reduce barriers to health care for the medically underserved. Additionally, we will increase education, awareness, resources and identification of depression and mental illness, chronic disease management, preventative practices, community resources, and primary medical homes.</p>
<p>Planned Collaboration</p> 	<p>Health Point (FQHC), Health for All, Brazos Health Resource Center, Burleson Health Resource Center, Grimes Health Resource Center, Madison Health Resource Center, Episcopal Health Foundation, Texas Accountable Communities for Health Initiative (TACHI), Pathways HUB Model, St. Joseph Health Rehabilitation Hospital, an affiliate of Encompass Health, Texas A&M University (TAMU), Project Unity, Brazos Healthy Communities 501c3, Customized Communications, Inc., St. Vincent de Paul of Bryan, Catholic Charities of Central Texas, United Way Ride2Health, American Diabetes Association, Area Agency on Aging, Brazos Valley Council on Alcohol & Substance Abuse</p>

(BVCASA), Brazos Valley Food Bank, Lone Star Legal Aid, Sexual Assault Resource Center (SARC), Twin City Mission Youth & Family Services-STAR Program, Volunteers, Senior Renewal Program, Texas A&M TeleHealth program, MHMR Authority of the Brazos Valley, NAMI Brazos Valley, BV Mental Health & Wellness, Pink Alliance, Texas Reds Festival, City of College Station, City of Bryan, Brazos County, and numerous other non-profit community organizations

This document is publicly available online at the hospital’s website. Written comments on this report can be submitted to the hospital’s Mission Department, 2801 Franciscan Dr, Bryan, TX 77802 or by e-mail to raquel.webb@commonspirit.org or fawn.preuss@commonspirit.org.

Our Hospital and the Community Served

About the Hospital

St. Joseph Health is a part of CommonSpirit Health, one of the largest nonprofit health systems in the U.S., with more than 1,000 care sites in 21 states coast to coast, serving 20 million patients in big cities and small towns across America. The St. Joseph Health System consists of two hospitals and three critical access hospitals, plus a joint venture rehabilitation hospital.

St. Joseph Health Regional Hospital is located at 2801 Franciscan Drive, Bryan, TX 77802. This hospital has 235 beds and the following major programs and service lines: Palliative Supportive Care, Diabetes Care, Cardiovascular Care, Ear, Nose, & Throat, Emergency, General Surgery, Laboratory Services, Neurology, Neurosurgery, Occupational Health, Oncology, Orthopedics & Sports Medicine, Pain Management, Pediatrics Primary Care, Rehabilitation Services, Robotic Surgery, Senior Care, Sleep Medicine, and Stroke Care.

St. Joseph Health College Station Hospital is located at 1604 Rock Prairie Rd, College Station, TX 77845. This hospital has 147 beds and the following major programs and service lines: Diagnostic Imaging, Emergency Services, Heart Care, Joint Replacement, Neurology, Orthopedic Services, Robotic Surgery, Sports Medicine, Surgical Services, Therapy Services, Urology, Weight Loss, Women's Health and Maternity Services, and Wound Care.

The three Critical Access Hospitals are **St. Joseph Health Grimes Hospital**, **St. Joseph Health Madison Hospital**, and **St. Joseph Health Burleson Hospital**. Each of these three hospitals has 25 beds and the following major programs and service lines: Acute Inpatient Services, Swing Bed - Rehabilitation, 24/7 ER, OP Therapy Services - Speech, Physical Therapy, Occupational Therapy, etc., OP Lab Services, OP Imaging Services - X-Ray/CT, Senior Renewal Mental Health Therapy Program.



St. Joseph Health Rehabilitation Hospital, an affiliate of Encompass Health, is located at 1600 Joseph Drive, Bryan, TX 77802. This joint venture is committed to helping patients regain independence after a life-changing illness or injury. Located in Bryan, they also serve College Station and the surrounding area as a leading provider of inpatient rehabilitation for stroke, hip fracture and other complex neurological and orthopedic conditions.

Our Mission

The hospital's dedication to assessing significant community health needs and helping to address them in conjunction with the community is in keeping with its mission. As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.

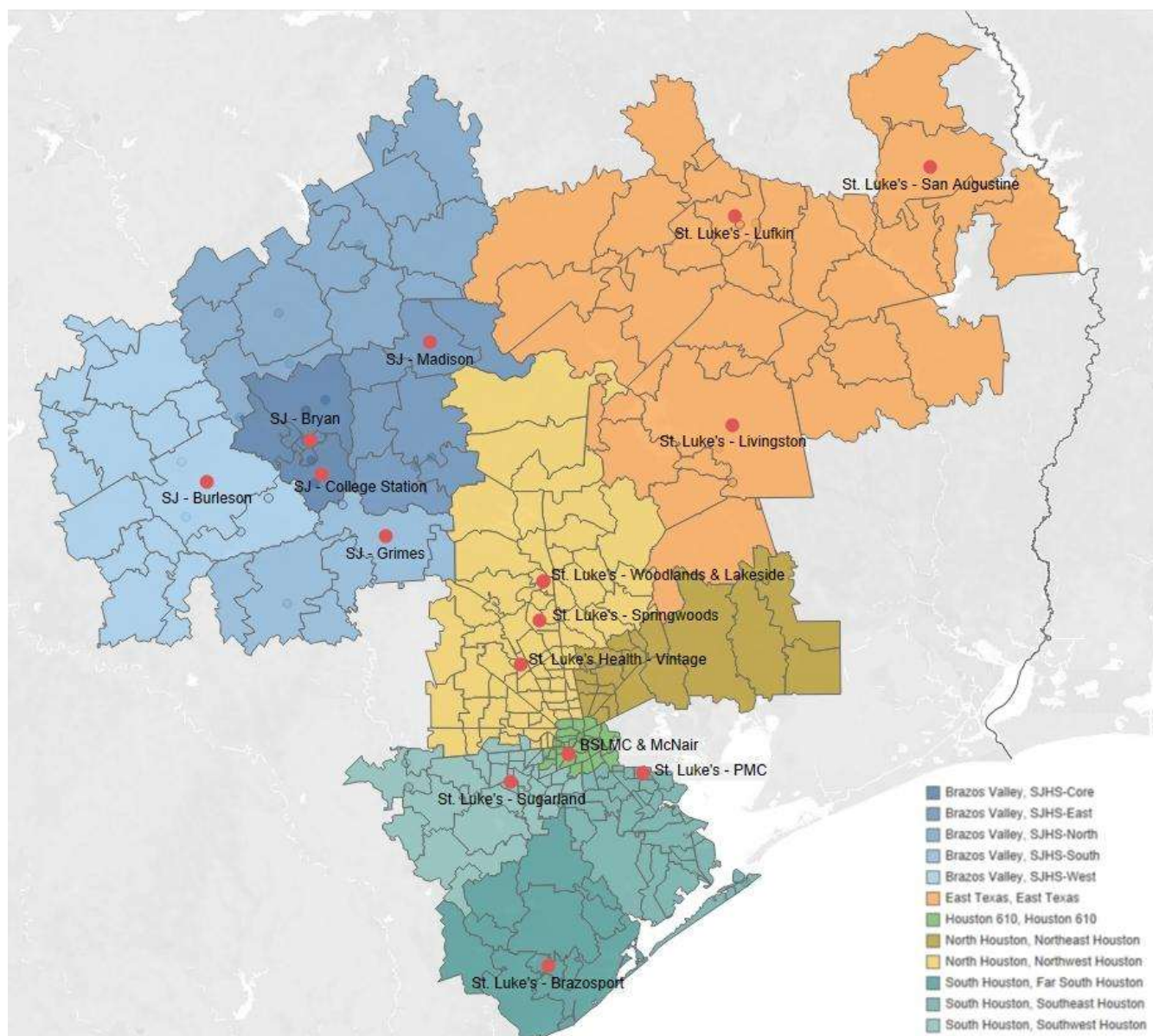
Financial Assistance for Medically Necessary Care

It is the policy of CommonSpirit Health to provide, without discrimination, emergency medical care and medically necessary care in CommonSpirit hospital facilities to all patients, without regard to a patient's financial ability to pay. This hospital has a financial assistance policy that describes the assistance provided to patients for whom it would be a financial hardship to fully pay the expected out-of-pocket expenses for such care, and who meet the eligibility criteria for such assistance. The financial assistance policy, a plain language summary and related materials are available in multiple languages on the hospital's website.

Description of the Community Served

The St. Joseph Health System serves the greater Brazos Valley with a total population of 404,727 people. This area covers nine counties: Brazos, Burleson, Grimes, Leon, Madison, Robertson, Washington, Milam, and Lee and the following ZIP codes: 77801, 77802, 77803, 77805, 77806, 77807, 77808, 77840, 77841, 77842, 77843, 77844, 77845, 77862, 77866, 77868, 77881, 77836, 77838, 77852, 77863, 77867, 77878, 77879, 77356, 77363, 77484, 77830, 77831, 77861, 77868, 77873, 77875, 77876, 77853, 77621, 78650, 78659, 78942, 78946, 78947, 78948, 75831, 75833, 75846, 75850, 75855, 77855, 77865, 77871, 75852, 77864, 77872, 77872, 76511, 76518, 76519, 76520, 76523, 76534, 76556, 76567, 76569, 76570, 76577, 77836, 77857, 76629, 76687, 77807, 77808, 77837, 77853, 77856, 77859, 77867, 77426, 77833, 77835, 77868, 77880, 77946, 78932. A summary description of the community is below, and additional details can be found in the CHNA report online.

St. Luke's Health – Texas Division Service Area Map



This area is predominantly rural with pockets of urban and suburban areas found primarily in Brazos County. Many residents commute outside their home communities and counties to gain access to gainful employment. Health resources are sparse for the critical areas and many travel to Brazos County for services. The total population of the 9 county region is 404,727. 58.2% identified as non-hispanic white, 24.2% Hispanic or Latino, 12.6% Black or African American, and 5% all other races. 19.2% of the Greater Brazos Valley Region is uninsured, 12.1% are children under the age of 19. The highest rate of uninsured children was reported in Leon County (20.0%), and the lowest rates were in Brazos and Milam Counties (11.0%).

Given the predominantly rural area of the Greater Brazos Valley Region and Texas in general, the number of available health professionals is rather low resulting in many rural communities being designated as health professional, mental health professional, and/or dental health professional shortage areas. All the counties in the

Greater Brazos Valley Region are completely designated as health professional shortage areas for at least two of the following three categories: primary care, dental health, and/or mental health providers.

The estimated 2019 owner occupied housing unit rate for the Greater Brazos Valley Region is 59.2%, lower than the State and national rates of 62.0% and 64.0%, respectively. Again, Brazos County is the outlier at 47.1% compared with the other counties which all have a range of 70-80%; however, this may reflect the large student population affiliated with the Blinn College District and Texas A&M University.

The Greater Brazos Valley Region has a higher proportion of residents with a bachelor's degree or higher, at 10.5%, than the State of Texas 9.7% but lower than the United States at 11.8%. Within the Region, that rate varies from a low of 0.5% in Robertson County to a high of 14.5% in Brazos County. As with the younger population in Brazos County, the higher proportion of college degrees is likely driven by the presence of the Blinn College District and Texas A&M University in Brazos County. Brazos County has the lowest percentage of the population with less than a High School education at 4.2%, and Grimes County has the highest rate at 35.6%, respectively.

Five out of the nine counties in the Greater Brazos Valley Region had higher proportions of the population living at or below the Federal Poverty Level (FPL) than Texas and the United States. The Greater Brazos Valley Region has a higher rate of residents with incomes at 200% of the FPL and below (34.1%) compared to the State and Nation (33.0% and 28.0%, respectively). This means that people in the Greater Brazos Valley are generally lower income than their peers across Texas and the U.S., meaning they have less money to buy the things they need to take care of their health.

Community Assessment and Significant Needs

The health issues that form the basis of the hospital's community health implementation strategy and programs were identified in the most recent CHNA report, which was adopted in April 2022. The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital;
- Description of assessment processes and methods;
- Presentation of data, information and findings, including significant community health needs;
- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

Additional detail about the needs assessment process and findings can be found in the CHNA report, which is publicly available on the hospital's website or upon request from the hospital, using the contact information in the At-a-Glance Summary.

Significant Health Needs

The CHNA identified the significant needs in the table below, which also indicates which needs the hospitals intend to address. Identified needs may include specific health conditions, behaviors and health care services, and also health-related social needs that have an impact on health and well-being.

Significant Health Need	Description	Intend to Address?
Access to Care (Transportation) (Rural disparities) (Access to health-related care)	Transportation issues continue to be a high priority issue for community residents with respect to accessing health and health-related care, especially for those in rural counties. Health disparities continue to exist between rural counties and Brazos County, especially related to access to care. Even though the entire Region is designated a health professional shortage area, there are tremendous degrees of “lack of medical providers” in some rural counties.	•
Chronic Disease (Risk Factors)	Increasing rates of risk factors such as obesity and chronic diseases highlight the profound need to provide prevention, diagnosis, and treatment of chronic disease in the Region.	•
Mental Health (Access to health-related care)	All counties in the service area are considered an HPSA for Mental Health Professionals.	•
Preventive Practices	High numbers of preventable hospital stays and lack of primary care providers and access to specialty care is a likely contributor to low screening rates in the Region. Low physical activity levels were found across the region due to a lack of safe and affordable places to participate in recreational activities and poor infrastructure.	•
Violence and Injury/Unintentional Injury	The Greater Brazos Valley Region’s motor vehicle crash death rate is 18, nearly double the rate for the nation. Violent crimes (murder, nonnegligent manslaughter, rape, robbery, and aggravated assault) rates were below the state average.	•
Communication and Coordination	Residents across the region expressed concern about lack of communication and resource coordination, especially for the Spanish speaking community.	•
Disaster Preparedness	Many discussion group participants discussed concerns over the disaster preparedness in relation to the COVID-19 pandemic and the Winter Storm of 2021.	•

Significant Needs the Hospital Does Not Intend to Address

The hospital system will not focus on Violence and Injury/Unintentional Injury, Communication and Coordination, and Disaster Preparedness. These needs are being focused on by other organizations in our service area, similar focused work falls under an alternative significant health need label, it is not within the capacity of the hospital system, or it is beyond the mission of our health system.

2022 Implementation Strategy

This section presents strategies and program activities the hospitals intend to deliver, fund or collaborate with others on to address significant community health needs over the next three years, including resources for and anticipated impacts of these activities.

Planned activities are consistent with current significant needs and the hospital's mission and capabilities. The hospital may amend the plan as circumstances warrant, such as changes in community needs or resources to address them.

Creating the Implementation Strategy

The hospitals are dedicated to improving community health and delivering community benefit with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners.

Hospital and health system participants included the Healthy Communities Council - Texas Division. Multiple departments from each hospital across the Texas Division have come together to inform, influence, and evaluate the selection and delivery of hospital community health and community benefit programs.



Community input or contributions to this implementation strategy included community stakeholder interviews conducted during the Community Health Needs Assessment (CHNA).

The programs and initiatives described here were selected based on identified community need, existing programs with evidence of success/impact, existing community partnerships, and hospital capacity by the Healthy Communities Council. The Healthy Communities Council is an interdisciplinary team made up of key stakeholders across the St. Luke's Health - Texas Division with the goal of strategic priority alignment, accountability, leadership support, and team member and community engagement.

Community Health Strategic Objectives

The hospitals believe that program activities to help address significant community health needs should reflect a strategic use of resources and engagement of participants both inside and outside of the health care delivery system.

CommonSpirit Health has established four core strategic objectives for community health improvement activities. These objectives help to ensure that our program activities overall address strategic aims while meeting locally-identified needs.



Create robust alignment with multiple departments and programmatic integration with relevant strategic initiatives to optimize system resources for advancing community health.



Scale initiatives that complement conventional care to be proactive and community-centered, and strengthen the connection between clinical care and social health.




Work with community members and agency partners to strengthen the capacity and resiliency of local ecosystems of health, public health, and social services.



Partner, invest in and catalyze the expansion of evidence-based programs and innovative solutions that improve community health and well-being.

Strategies and Program Activities by Health Need

 Health Need: ACCESS TO CARE						
Anticipated Impact (Goal)	The hospital’s initiatives to address access to care are anticipated to result in increased access and reduced barriers to health care for the medically underserved.					
Strategy or Program	Summary Description	Participating Hospital(s)	Strategic Objectives			
			Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact
Health Equity	<ul style="list-style-type: none"> Provide education for staff and community regarding services, cultural differences that may affect treatment Increase communication referencing diversity and inclusion with regard to cultural stressors that impact bias and potential access to care Actively explore new and strengthen existing volunteer and collaboration opportunities with local healthcare, civic, and non-profit agencies 	Regional College Station Burleson Grimes Madison	●	●	●	●
Financial Assistance	<ul style="list-style-type: none"> St. Joseph Health delivers compassionate, high quality, affordable health care and advocates for members of our community who are poor and disenfranchised. In furtherance of this mission, the hospital will provide assistance to eligible patients who do not have the capacity to pay for medically necessary health care services, and who otherwise may not be able to receive these services. 	Regional College Station Burleson Grimes Madison	●	●	●	●



Health Need: ACCESS TO CARE

<p>Eligibility and Enrollment</p>	<ul style="list-style-type: none"> Eligibility and enrollment services screens the patient and assists with government and indigent program connections if criteria is met. Care Coordination offers assistance as well. 	<p>Regional College Station Burleson Grimes Madison</p>	<p>•</p>	<p>•</p>	<p>•</p>	<p>•</p>
<p>Community Clinic Support</p>	<ul style="list-style-type: none"> All of the Critical Access Hospital facilities in the Brazos Valley work closely with HealthPoint, a Federally Qualified Health Center (FQHC) provider, in a partnership to provide primary care services. Monthly in-kind support of Health for All, a local clinic that provides free healthcare serving low-income and uninsured individuals (children and adults). Services include: general medicine, specialty medicine, pharmacy, mental health, vision, dentistry, laboratory, radiology. 	<p>Regional College Station Burelson Grimes Madison</p>	<p>•</p>	<p>•</p>	<p>•</p>	<p>•</p>
<p>Resource Coordination</p>	<ul style="list-style-type: none"> St. Joseph Health provides multidimensional levels of support for four Health Resource Centers strategically placed throughout the service area including but not limited to staff salaries, physical space, utilities, etc. HRCs provide case management, connecting individuals and families to a multitude of valuable resources. 	<p>Regional College Station Burleson Grimes Madison</p>	<p>•</p>	<p>•</p>	<p>•</p>	<p>•</p>




Health Need: ACCESS TO CARE


	<ul style="list-style-type: none"> Senior Advocate Role - provides one-on-one and group setting support in connecting individuals with services, resources, providers, care coordination, eliminating barriers to healthcare and promoting self-advocacy outside of the acute care setting. 					
<p>Texas Accountable Communities of Health Initiative (TACHI)</p>	<ul style="list-style-type: none"> St. Joseph Health in Texas is partaking in the Texas Accountable Communities of Health Initiative (TACHI) sponsored by Episcopal Health Foundation to help vulnerable individuals in the community increase their access to care and strengthen linkage to resources that address social determinants of health via the sustainable Pathways Community HUB (PCH) model. The PCH model is an innovative, evidence-based pay-for-outcomes model in which community health workers (CHWs) coordinate care for individuals, connecting them to community resources to meet their immediate and long-term health and social needs. 	<p>Regional College Station Burleson Grimes Madison</p>	<p>•</p>	<p>•</p>	<p>•</p>	<p>•</p>
<p>Health Professions Education</p>	<ul style="list-style-type: none"> Hospital helps train nursing or other health professional students, this is part of expanding access by increasing the local health care workforce 	<p>Regional College Station Burleson Grimes Madison</p>	<p>•</p>	<p>•</p>	<p>•</p>	<p>•</p>



Health Need: ACCESS TO CARE

<p>Support Groups</p>	<ul style="list-style-type: none"> ● Heart2Heart Cardiovascular Support Group ● Stroke Support Group in partnership with St. Joseph Health Rehabilitation Hospital, an affiliate of Encompass Health ● Caregiver support Group 	<p>Regional College Station Rehab Hospital</p>	<p>●</p>	<p>●</p>	<p>●</p>	<p>●</p>
<p>HeartSmart Program</p>	<ul style="list-style-type: none"> ● Program is offered by physician referral to any patient with a cardiac-related diagnosis. It is offered at a deeply discounted rate (for accountability purposes) that provides cardiac education, risk factor modification and basic exercise guidance from the Cardiac Services Team. This program helps keep patients accountable and it reduces visits to the ER/hospital. 	<p>Regional College Station</p>	<p>●</p>	<p>●</p>	<p>●</p>	<p>●</p>
<p>Health Navigation</p>	<ul style="list-style-type: none"> ● Breast (Martha Fuentes, RN) ● Lung (Jennifer Mundine-interim) ● Health Coach (Nicole Berny) ● Senior Advocate (Michele Buenger, RN) ● Stroke (Brooke Moore, RN) ● Home Visit Program ● ED Diversion Program 	<p>Regional College Station Burluson Grimes Madison</p>	<p>●</p>	<p>●</p>	<p>●</p>	<p>●</p>
<p>Prenatal Education</p>	<ul style="list-style-type: none"> ● Free prenatal education is offered to the public through the Women’s Services Department <ul style="list-style-type: none"> ○ Prepared Childbirth 	<p>College Station</p>	<p>●</p>	<p>●</p>	<p>●</p>	<p>●</p>

 Health Need: ACCESS TO CARE						
	<ul style="list-style-type: none"> ○ Breastfeeding ○ Newborn Care 					
Planned Resources	The hospital will provide in-kind funding, staff, education materials, outreach communications, and program management support for these initiatives.					
Planned Collaborators	Health Point (FQHC), Health for All, Brazos Health Resource Center, Burleson Health Resource Center, Grimes Health Resource Center, Madison Health Resource Center, Episcopal Health Foundation, Texas Accountable Communities for Health Initiative (TACHI), Pathways HUB Model, St. Joseph Health Rehabilitation Hospital, an affiliate of Encompass Health, TAMU, Project Unity, Brazos Healthy Communities 501c3, Customized Communications, Inc., St. Vincent de Paul of Bryan, Catholic Charities of Central Texas, United Way Ride2Health, and numerous other non-profit community organizations					

 Health Need: CHRONIC DISEASE				
Anticipated Impact (Goal)	The hospital’s initiatives to address Chronic Disease are anticipated to result in increased education and disease management for various populations in our community.			
Strategy or Program	Summary Description	Participating Hospital(s)	Strategic Objectives	
			Alignment & Integration	Clinical - Community Linkages




Health Need: CHRONIC DISEASE


<p>Diabetes Education Program</p>	<ul style="list-style-type: none"> St. Joseph Health offers a free, comprehensive Type 2 Diabetes education program taught by a diabetes educator and a registered dietitian. This self-management program includes two, 3-hour sessions designed to increase A1C testing rates, support health status improvement and self-management skills. 	<p>Regional</p>	<p>•</p>	<p>•</p>	<p>•</p>	<p>•</p>
<p>Health Resource Centers</p>	<ul style="list-style-type: none"> Health Resource Centers work in collaboration with partners all throughout the Brazos Valley, help residents gain access to a board range of programs and services, including but not limited to: Counseling Services, Hearing Aids, Legal assistance, Medication, SNAP/TNAF Applications, Substance Abuse, Senior Meals/Food pantries, Transportation, Primary Medical and Dental Care, Mental Health Services, Assistance for the elderly and disabled, assistance and counseling services for survivors of domestic violence and sexual assault, child abuse and their caregivers, individual and couples counseling, emergency shelter, housing, rent, and utility assistance, substance misuse counseling and treatment, other basic needs. 	<p>Regional College Station Burleson Grimes Madison</p>	<p>•</p>	<p>•</p>	<p>•</p>	<p>•</p>
<p>Health Coach</p>	<ul style="list-style-type: none"> Health Coach for obese and diabetic patient population Certified Health Coach, offers health and wellness and chronic disease education classes, counseling, 	<p>Regional College Station Burleson</p>	<p>•</p>	<p>•</p>	<p>•</p>	<p>•</p>





Health Need: CHRONIC DISEASE

	and social support to LifeStyle Club Members and ACO patient population.	Grimes Madison				
HeartSmart Program	<ul style="list-style-type: none"> Program is offered by physician referral to any patient with a cardiac-related diagnosis. It is offered at a deeply discounted rate (for accountability purposes) that provides cardiac education, risk factor modification and basic exercise guidance from the Cardiac Services Team. This program helps keep patients accountable and it reduces visits to the ER/hospital. 	Regional College Station	•	•	•	•
Support Groups	<ul style="list-style-type: none"> Heart2Heart Cardiovascular Support Group Stroke Support Group in partnership with St. Joseph Health Rehabilitation Hospital, an affiliate with Encompass Health Caregiver support Group 	Regional College Station Rehab Hospital	•	•	•	•
Planned Resources	The hospital will provide staff, education materials, outreach communications, and program management support for these initiatives.					

	Health Need: CHRONIC DISEASE
Planned Collaborators	American Diabetes Association, Area Agency on Aging, St. Joseph Health Rehabilitation Hospital, an affiliate of Encompass Health, Brazos Valley Council on Alcohol & Substance Abuse (BVCASA), Brazos Valley Food Bank, Lone Star Legal Aid, Project Unity, Sexual Assault Resource Center, Twin City Mission Youth & Family Services-STAR Program, Volunteers

	Health Need: MENTAL HEALTH					
Anticipated Impact (Goal)	The hospital's initiatives to address mental health services are anticipated to result in expanded access to mental health services for our vulnerable populations (i.e., senior, rural, and low-income residents).					
Strategy or Program	Summary Description	Participating Hospital(s)	Strategic Objectives			
			Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact
Senior Renewal	<ul style="list-style-type: none"> The Critical Access Hospitals have a Senior Renewal OP psych program for ages 55+, and partners with the Health Resource Centers for telehealth services through TAMU. 	Burleson Grimes Madison	●	●	●	●
Tele-Health	<ul style="list-style-type: none"> FQHC - telehealth referrals Resource Centers - telehealth referrals 	Burleson Grimes Madison	●	●	●	●

 Health Need: MENTAL HEALTH						
Depression Screenings	<ul style="list-style-type: none"> Increase depression diagnosis, awareness, and resource referrals for patient population through the Physician Enterprise 	Regional College Station Burleson Grimes Madison	•	•	•	•
Planned Resources	The hospital will provide staff, outreach communications, and program management support for these initiatives.					
Planned Collaborators	Senior Renewal program, Texas A&M TeleHealth program, Burleson Health Resource Center, Madison Health Resource Center, Grimes Health Resource Center, HealthPoint (FQHC), MHMR Authority of the Brazos Valley, NAMI Brazos Valley, BV Mental Health & Wellness. In addition, these services are all designed to be affordable to different incomes on a sliding scale basis if not free of charge.					

 Health Need: PREVENTIVE PRACTICES			
Anticipated Impact (Goal)	The hospital's initiatives to address Preventive Practices are anticipated to result in increased education, awareness, and prevention activities for various populations in our community.		
			Strategic Objectives



Health Need: PREVENTIVE PRACTICES

Strategy or Program	Summary Description	Participating Hospital(s)	Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact
Diabetes Education Program	<ul style="list-style-type: none"> St. Joseph Health offers a free, comprehensive Type 2 Diabetes education program taught by a diabetes educator and a registered dietitian. This self-management program includes two, 3-hour sessions designed to increase A1C testing rates, support health status improvement and self-management skills. 	Regional	●	●	●	●
Health Fairs	<ul style="list-style-type: none"> St. Joseph to sponsor and hold annual health fairs in Critical Access Areas: Burleson, Madison, Grimes Participation in community health & wellness fairs: <ul style="list-style-type: none"> Texas A&M Employee Wellness Fair Health & Safety Expo Senior Health & Safety Expo Etc. 	Regional College Station Burleson Grimes Madison	●	●	●	●
Screenings	<ul style="list-style-type: none"> Blood pressure/glucose/cholesterol screenings Breast Cancer: Mammograms - education and involvement/sponsorship in Pink Alliance 	Burleson Madison Grimes	●	●	●	●
Immunizations	<ul style="list-style-type: none"> Influenza Immunization Clinics 	Burleson	●	●	●	●



Health Need: PREVENTIVE PRACTICES

	<ul style="list-style-type: none"> ○ Texas Reds Festival ○ Critical Access Health Fairs ○ Drive-thru clinics ○ Special population clinics (i.e seniors and other high-risk sub-populations) 	Madison Grimes Regional College Station				
Senior Advocate	<ul style="list-style-type: none"> ● Senior Advocate Role - provides one-on-one and group setting support in connecting individuals with services, resources, providers, care coordination, eliminating barriers to healthcare and promoting self-advocacy outside of the acute care setting. 	Regional College Station Burleson Grimes Madison	●	●	●	●
Planned Resources	The hospital will provide staff, outreach communications, and program management support for these initiatives.					
Planned Collaborators	Pink Alliance, Texas A&M University, Texas A&M University TeleHealth Services, Texas Reds Festival, City of College Station, City of Bryan, Brazos County, St. Joseph Health Rehabilitation Hospital, an affiliate of Encompass Health, HealthPoint, other non-profit community organizations and collaborators					

